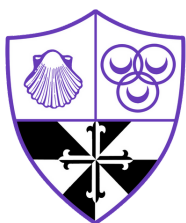




# 2020-2021 RETURN TO PLAY PLAN



**ST. EDMUND PREP**  
Bold Learning. Uncommon Leaders.

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Dear Eagle Parents,

Welcome back to the 2020-2021 school year!

On September 17th, the CHSAA principals approved the start of Fall Sports starting on Monday September 21st within the guidelines put forth by the NYS Dept of Health, the NYSPHSAA, and the CHSAA. This season will present some significant obstacles we have not faced in the past. We are asking for your assistance and support as we provide our student-athletes with the opportunity to play high school sports this school year.

## Approved Sports

As of September 22nd, St. Edmund Prep is approved to participate in the following sports:

<b>Boys &amp; Girls Soccer</b>	Varsity
<b>Boys &amp; Girls Cross Country</b>	All Levels
<b>Softball</b>	Varsity and JV
<b>Baseball</b>	Varsity and JV

Since these sports can take place outdoors, we are allowed to play them. At this point and until further notice, no indoor athletic activities are permitted.

## Safety Guidelines

A distance of at least six feet will be maintained among individuals at all times, unless safety or the core activity (i.e. practicing, playing) requires a shorter distance.

Contact between players may only be incidental and any activities that are specifically designed to promote close physical contact are prohibited.

While NYSDOH guidance for physical education classes requires 12 feet for aerobic activity, the NYSPHSAA and the New York State CHSAA have directed that outdoor athletic activity follow NYSDOH guidance as noted above.

If a distance between participants of less than six feet is required, individuals must wear acceptable face coverings, unless players are medically unable to tolerate a face covering for the physical activity (i.e. practicing, playing). However, all coaches, trainers,

and other individuals who are not directly engaged in physical activity are required to wear a face covering at all times.

The sharing of equipment among players will be prohibited, unless the equipment is able to be cleaned and disinfected between use.

We will also clean and disinfect frequently touched surfaces and equipment throughout practices and games. The importance of washing hands and/or using hand sanitizer before, during, and after athletic activity will be emphasized.

All facilities will be properly sanitized and have hand sanitizer and disposable masks readily available for practices and games.

When determining if an activity/drill meets the standards of NYSDOH guidance, consideration will focus on individual skill development or distanced group training while maintaining proper social distance.

## Coaches Expectations

**All coaches will be required, but not limited to:**

- 1) Communicate the guidelines and protocols in a clear manner to students and parents.
- 2) To the extent possible, conduct workouts in "cohorts" of the same students always training and rotating together in practice to ensure limited exposure to potential infections.
- 3) Keep accurate records of those athletes and staff who attend each practice in case contact tracing is needed.
- 4) Bring their own water bottle(s) and follow established guidelines for the hydration of student-athletes.
- 5) Not engage in any unnecessary contact with student-athletes.
- 6) No hugging, high fives, shaking hands, or fist bumps.
- 7) Complete the Google Form (if they are an outside coach) or the MY MEDBOT TEACHER (if they are an in-school coach) Daily Health Screening Assessment prior to practice, workout, or competition

## Student Athlete Expectations

**All student-athletes will be required, but not limited to:**

- 1) Be responsible for their own equipment and supplies.
- 2) Wear their own appropriate workout clothing (do not share clothing). All uniforms/towels should be washed and cleaned after every workout immediately upon returning home.
- 3) Bring their own water bottle.
- 4) Not engage in any unnecessary contact with coaches or student-athletes.
- 5) No hugging, high fives, shaking hands, or fist bumps.
- 6) Inform coaches immediately if they are not feeling well.
- 7) Complete the MY MEDBOT Student Daily Health Screening Assessment prior to each practice, workout, or competition (on weekdays) For a weekend competition, the athlete will complete the Google Form Health Screening Assessment prior to practice, workout, or competition.

Student-Athletes will have NO access to the locker rooms. Student-Athletes who come into school for their afternoon cohort, will come in dressed in their athletic clothes for that sport. St. Edmund Prep clothing will be STRONGLY suggested but not mandatory.

No one can use the lockers to store their belongings. We will do our best to store equipment, but it would be best not to bring too much to school. Equipment will not be stored in the locker room.

After practice, students will not be able to reenter the building and should go home directly from their practice or game.

## Practice/Game Schedule and Protocols

Practices/games will be scheduled at staggered times and in varied locations so as to provide for minimal, if any, interaction between teams/groups.

In order to comply with social distancing guidelines, teams with larger rosters may schedule multiple practice times with a limited number of student-athletes present at each.

Only essential personnel will be permitted on the practice/competition site as authorized. These are defined as student-athletes, coaches, school administrators, and officials (competition).

In order to receive permits through the NYC parks department. We must adhere to their rule of limited spectators. As of now, we are only permitting 1 spectator per athlete to

games. Please help us adhere to these regulations as obtaining permits is contingent on our continued and strict adherence to their guidelines.

We are hopeful that parents will assist with providing transportation when we are unable to provide it. If we can transport students, masks must be worn at all times and food and drink will not be allowed on our buses. While we will do our best to provide the necessary transportation, current restrictions simply prevent us from being able to offer the level of service we have in previous years.

While we are all excited about the start of Fall sports, we must all work together to keep our student-athletes and coaches safe. It is the responsibility of all involved to abide by the guidelines of NYS. If your child is sick, has a fever, or has been exposed to someone with COVID-19, they **MUST** stay home and contact the school.

Student-athletes and coaches are required to wear masks as they enter and exit a practice or game and while riding on the bus. It is also mandated that while on the sidelines during a game or not engaging in physical activity during practice, all athletes must still wear a mask. The policy for wearing masks during competition will be explained and clarified before the first practice.

## Athletics Department Contacts

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## Athletics Department Mission Statement

The Athletic Department of St. Edmund Preparatory High School will provide a wide variety of athletic opportunities that are designed to aid in the overall development of our students while being consistent with the mission of the school. Participation in interscholastic athletics will provide students with a significant opportunity to become involved with their peers and their coaches in an educational experience that takes place outside of the classroom.

## Athletics Department Beliefs

- Our role as Catholic educators is not limited to the classroom; the ability to instill the Gospel values and promote these truths through athletic participation is at the core of the Athletic Department.
- St. Edmund Preparatory High School believes that a dynamic program of extracurricular student activities is significant to the educational, social, and emotional development of the individual.
- Students learn a great deal from their participation in interscholastic athletics. Lessons in sportsmanship, teamwork, leadership, and competition are integral parts of team goals in our athletic department.
- Athletics play an important role in helping the individual student develop a healthy mind, body, and spirit. Athletic competition adds to school spirit and helps students, parents, spectators, and participants develop pride in their school.
- St. Edmund Preparatory High School further encourages the development and promotion of sportsmanship, ethics and integrity in all phases of the educational process and in all segments of the community, including administrators, teachers, coaches, participants, parents, and fans.

## Athletics Department Goals

- Encourage the development of positive attitudes, behaviors, and experiences in student-athletes that will better prepare them for their future.
- Strive for academic excellence in the classroom.
- Promote the lessons learned regarding good sportsmanship, ethics, teamwork and the value of competition regardless of result.
- Provide a safe and secure environment for all athletic practices, games, and competitions.
- Recognize and promote the accomplishments of athletic teams and individual student-athletes.
- Encourage coaches to be leaders, role models and individuals of high moral character.
- Foster cooperation across the extracurricular programs of the school, ensuring that all students have the opportunity to participate in a wide variety of sports and activities, according to their abilities, interests, and aptitudes.
- Ensure that everyone involved with the athletic department adheres to the rules and policies of St. Edmund Preparatory High School, the Catholic High School Athletic Association, and the New York State High School Athletic Federation.